

1ST CLASS
FREE
WITH THIS FLYER

Yoganics

Open Level Yoga Classes
Every Thursday from 7.30 - 9pm

The Upper Room

8 Greenland Street, Camden, NW1 0ND

Please wear loose, comfortable clothing and bring your own yoga mat.

If you would like to buy a yoga mat or require any further information please contact Anne on 07811974102 or email anne@yoganics.co.uk or visit www.yoganics.co.uk.

